



# Charlotte **Family** Housing

## FAMILY EMPOWERMENT SUMMIT *How to Reinvent Yourself*



**WHEN:** Saturday, July 21, 2018  
9:30 am to 2:00 pm

**WHERE:** Charlotte Family Housing  
St. John's Baptist Church, Broach Hall  
300 Hawthorne Lane, Charlotte, NC 28204

Join us for a day of refreshment and inspiration for parents and kids.  
Get ready to take your life to the next level!

### Workshop topics include:

- Healthy Relationships
- Self-Esteem and Resilience
- Fatherhood and Manhood
- Exercise and Nutrition



**Featuring keynote messages by:**  
Pedro Perez, our new Executive Director  
Kia Lanae Coleman, Inspirational Speaker



Sponsored by the Steve Smith Family Foundation

Fun activities and workshops for kids of all ages!

**Register through your social worker or email [info@charlottefamilyhousing.org](mailto:info@charlottefamilyhousing.org) by June 29th to receive a backpack filled with school supplies for each of your children!**

Please provide names and ages when you register.

A light breakfast and full lunch will be provided.